

Newsletter

WESTACRE

September 2021

Welcome!

Welcome to the September edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

New improvements around the house



This month you will see our in house builder Fraser and his staff around the home creating some exciting changes around the home including a brand new nurses station for the first floor.

Our builders have been invaluable over the last two years, quickly making a Covid-19 visiting room in

just a few weeks to ensure relative visits could continue in comfort.

From Clinical Lead to Deputy Manager

Dean has now been made the deputy manager of Westacre!



Joining Westacre in October 2020, Dean was previously our clinical lead, overseeing care and nursing activities to ensure we meet the best practice standards within the home.

He has a degree in psychology and went on to study nursing before graduating with a post-graduate diploma in adult nursing.

He previously worked in A&E and a brain injury unit in Southampton and completed his masters in adult nursing in 2020.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Westacre Pub Day

Bottoms up!

This month our activity workers set out to recreate the pub experience for our residents, with a variety of pub snacks and alcohol-free wines and beers.

Mill Cottage Farm Experience



The first of our animal visits for August was from the Mill Cottage Farm Experience. After years of collaboration with Westacre, we were delighted to welcome them back after quite a hiatus!



By bringing the farm experience to the home, Mill Cottage Farm bring care home residents in safe, close contact with cute and cuddly animals right at the doorstep!

Our garden became home to chickens, ducks, donkeys, pigs, goats and a cheeky farm dog for a lovely afternoon.



Bird of Prey Talk

One of two fantastic animal visits this month was from the Bird of Prey Trust, who gave our residents an informative talk and display of their rescue birds, including a lovely 10 week old Kestrel.

With a fantastic wealth of knowledge, Colin gave our residents an in depth explanation as to how the birds of prey eat, live and answered any questions that they had.

Bird of Prey Trust is an organisation that has dedicated themselves to saving and protecting sick or abandoned birds of prey. Through their rescue work they've saved a variety of species including Barn Owls, Tawny Owls, Buzzards, Falcons and Kestrels.

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Upcoming activities for September

- Live in-house music visits from Kim, Dale and Amanda.
- Workout session with visiting professional, Matt.
- Trip to... Vietnam and Brazil with nationally themed meals.
- Welcoming Autumn Party.
- Birthday Celebrations