

Newsletter



WESTACRE

April 2021

Welcome!

Welcome to the April edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

Second Vaccine Doses

We had our second visit from St Clement's Surgery on March 31st to administer the second dose of the Covid vaccine for our residents.



Our staff also received their second doses this month at the Badger Farm Vaccination Center.

Meet the Staff #2 - Lynne (Manager)



I became the manager of Westacre in July 2020. I entered this position after working as a matron for Peartree Neuro Rehab, another home under the same ownership. I began my career in healthcare in 1997 as a carer for the NHS until working my way up to ward manager.

I worked in the NHS for 34 years before joining Peartree. Most of my nursing career has been working in older persons mental health with complex dementia, with a brief period working with adolescents. In 2001 I was seconded to complete my mental health nurse training.

For hobbies I love my summer holidays and spending time with my dog, Sky.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Saint Patrick's Day

Our resident chef Swav really outdid himself this Saint Patrick's Day with these fantastic mint flavoured Irish themed cupcakes!

This was followed by a very tempting chocolate and Irish cream mousse dessert!

Second Nominated Indoor Visitor Information.

As part of the government's lifting of Covid-19 restrictions, from Monday April 12th care home residents will be allowed a second regular indoor visitor.

Babies and toddlers will also be able to accompany visitors to allow grandparents to meet grandchildren.

As with the current in-house visits, relatives will be required to provide a negative covid-19 test result before entering.

These lateral flow tests will be administered at Westacre.

How to book a visit

Indoor visits are available by booking only. From Monday – Friday there are three timeslots available; 9.30am-11am, 10.45am-12.15pm and 1.30pm-3pm.

On Saturday and Sunday there is one time slot available at 2pm-3.30pm.

These visiting times include the 30-45 minutes it takes to complete a lateral flow test.

Indoor visits will be held in the conservatory unless the resident is bed bound.



Memory Walk Raises £483

We made it! On March 20th, we completed our 6 hour Memory Walk to raise money for the Alzheimer's Society. The Memory Walk helps to raise funds for dementia research and supports helplines that provide all important advice for families dealing with the condition.

We really wanted to do our best for the fundraiser and thanks to your donations and those of our staff, we raised over £480! Following the River Itchen, we walked from Southampton to Winchester; a wetter walk than we expected(!), but with some beautiful views and wildlife along the way.

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Upcoming activities for April

- Easter Celebrations with bonnet table decoration making
- St. George's Day
- Mother Earth Day
- Origami Activities
- Astronaut Food Tasting Day