

Newsletter

WESTACRE

November 2021

Welcome!

Welcome to the November edition of the Westacre newsletter! These monthly newsletters are created for families, residents and staff to give updates on the activities, events and general goings on at Westacre. We hope that it is an entertaining and informative read.

If you have any suggestions on what you would like to see or hear about in future issues, please get in touch by emailing enquiries@westacrenursinghome.co.uk

Sajeya Promoted to Clinical Lead



We'd like to congratulate Sajeya on her promotion to Clinical Lead and being nominated as employee of the month by Westacre Staff!

A little word from Sajeya:

"I graduated as a nurse in 2019 with a first class degree in bachelor of honours sciences in adult nursing. I worked for NHS in hospital settings and care homes before I came to join the Westacre team in May 2021.

I am the Clinical Lead at Westacre and work closely with Lynne (manager) and Dean (deputy manager) to ensure all the care provided for the residents and nursing activities are with high practice standards.

In my free time I enjoy cooking and decorating house or garden."

New Clinic Room



Always moving and improving, we'd like to show you our brand new clinic room, put up in just a few weeks by our builders!

We will have even more to show you next month as work continues on creating an additional lounge for our first floor residents and new work around the outside of the house.



If you'd like to keep up to date with all of our activities and holiday celebrations, consider giving our [Facebook](#) page a like and a follow.



Pumpkin Carving

Happy Halloween from everyone at Westacre! We hope you had a delightfully spooky celebration.

What would Halloween be without a delightful pumpkin carving session!

A New Visit from Wild Science Animal Therapy



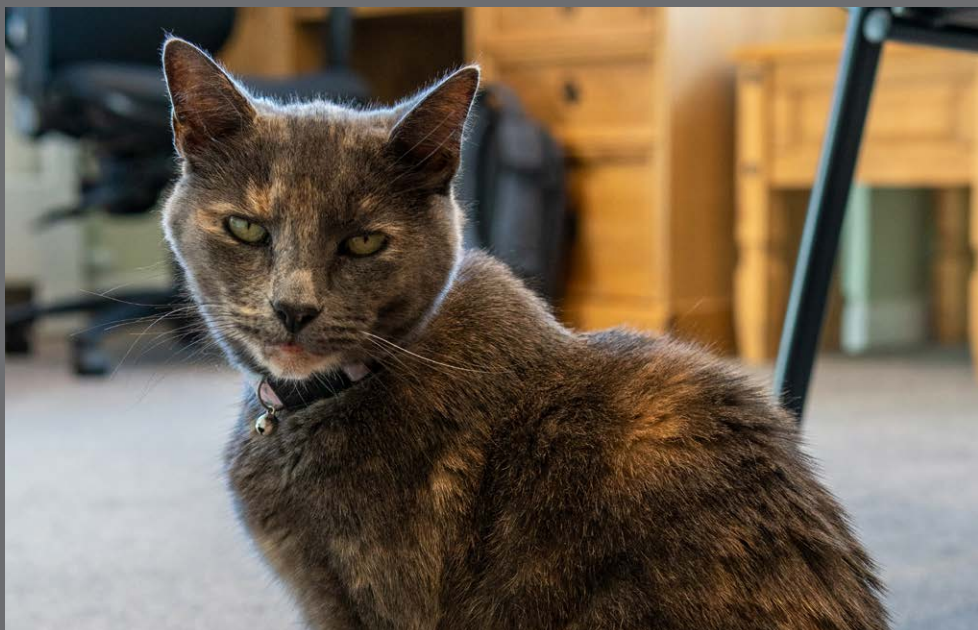
Another fantastic animal therapy workshop from Wild Science in October, with another eclectic variety of animals for our residents to see and hold! How cute is the hedgehog?

"Different animals bring different textures and personalities to the session.

A mixture of cute fluffy animals and silky smooth reptiles provide a great experience that will stay with residents long after we leave.

Animal Therapy is the ideal way for residents who may be less mobile to interact with animals and benefit from a new and unique experience.

Wild Science is the only provider in the UK to offer Bed-Bound Tours for residents who are restricted to their beds. Let us brighten their day too."



Welcoming Vespa!

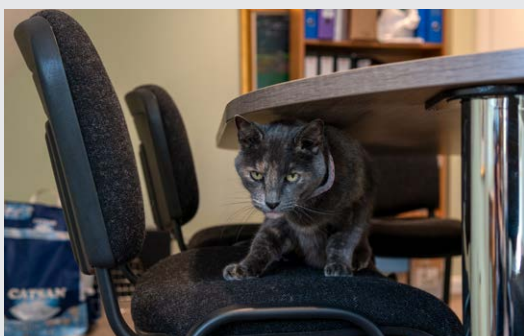
Say hello to Vespa! Vespa is a 12 old domestic shorthair who is joining us from the Second Chance Animal Rescue Southampton. Vespa is a very talkative and friendly lady who loves nothing more than the company of people and is something of a lap cat!

Throughout most of October she has been making herself at home in our board room while she gets her bearings in her new home. She 's also become quite attached to our manager's office!

Now that she has completed her 3 house induction she's venturing our bit by bit and is already the talk of the house among our residents.

If you have any questions for us, please email us at enquiries@westacrenursinghome.co.uk. If you'd like to keep up with the daily goings on of the home give the [Facebook](#) a follow!

Photo of the Month!



Upcoming activities for November

- Remembrance Sunday Poppy Making
- Wild Science Animal Therapy
- International Day with music and tv from around the world
- Live music by Dale and Kim
- Festival of Light display & Firework Night preparation